



Early Identification and Linkage within Low-income Communities in Contra Costa County

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First 5 Contra Costa



- Less access to needs
- Poverty and disability reinforce each other
- Children of color are disproportionately at risk

Early Identification



"My son would not have been diagnosed as early if not for First 5. I love First 5. They're the second set of eyes for your kids."

#LOCAL_DONATE_FIRST_5_CONTRA_COSTA

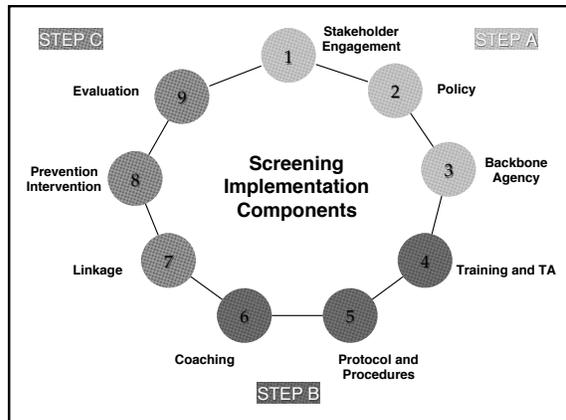


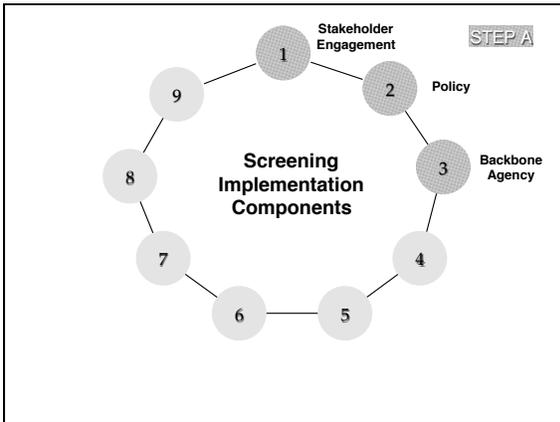
Universal Developmental Screening in Contra Costa

All young children in Contra Costa County receive routine developmental screening to promote early detection of developmental delays, and ensure timely referral to early intervention services.



What does it take to build a system?





Stakeholder Engagement

- Public Health
- Pediatric Practices
- Mental Health
- Early Care and Education
- Head Start/Early Head Start
- Regional Center
- School Districts
- First 5/Centers
- Shelters
- Developmental Services
- Home Visiting
- Child and Family Services
- Family Resource Center

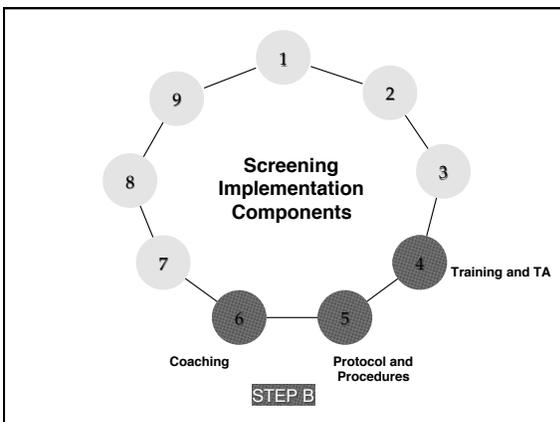
Policy

Addresses needs of children
Increases system effectiveness
Commits to screening
Allows for better outcomes
Partners with 29 agencies

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Backbone Agency

- ◆ Holds the vision
- ◆ Drives the program
- ◆ Supplements funding



Training

Start Screening Today.

Developmental Screening helps you see how your child is doing and what you can do to help them grow.

Ask your pediatrician for developmental screening or visit a First 5 Center.

www.First5cc.org



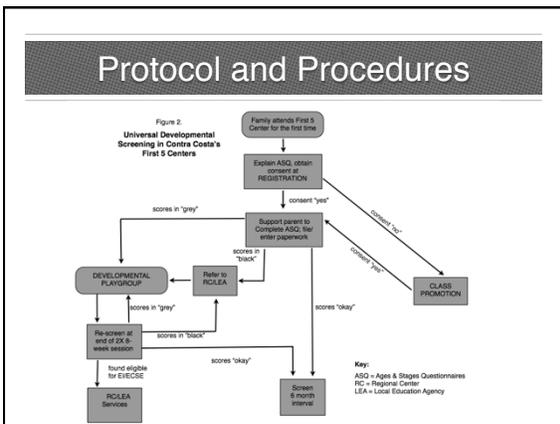
"We continue to work to increase the number of doctors and nurses able to administer, score and interpret ASQ's in our clinics. There is definitely a need to train more doctors and nurses in this area."

—Abe Rice, MD, Pediatrician
Contra Costa Regional Medical Center (CCRMC)

Technical Assistance



promotion
tip sheets
parent letters
physician letters
protocol
pathways
roles
trouble shooting

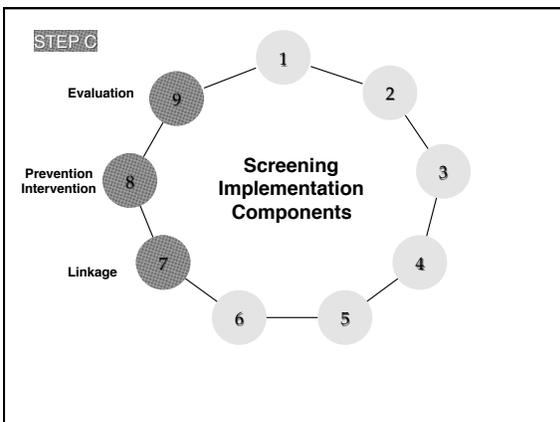


Coaching

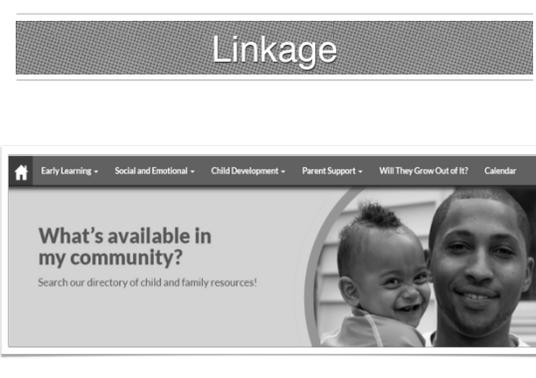


- ❖ Relationship building
- ❖ Opportunities and feedback in context with support
- ❖ Mastery generalizes practice to adaptable situations

(Friedman, Woods & Salisbury, 2012)



Linkage



What's available in my community?
Search our directory of child and family resources!

Referral Label

- Screening indicates no further action is needed
- Child is currently receiving early intervention services and no further action is needed from our program
- Other action by our program is needed (select all that apply from the list below):
 - Provide support activities, monitor and follow-up rescreen
 - Encourage or assist parent/caregiver to share results with primary health provider
 - Refer for further screening: hearing, vision, and/or behavioral screening (e.g. ASQ:SE or MCHAT)
 - Refer to primary health provider for medical follow-up, PT, OT, Speech, etc.
 - Refer to other community agency: _____
(e.g., services for mental health, home-visiting program, Inclusion Project, Care Parent Network, First 5 Center, etc.)
 - Refer to First 5 Contra Costa Developmental Play Group
 - Refer to Regional Center and/or Local School District
 - Other action not listed above: _____

Use of Label on ASQ Score Sheet

Developmental Playgroups

"First 5 Contra Costa has been integral in developing our program by providing trainings and kits for our providers as well as free developmental playgroups for the families we serve."

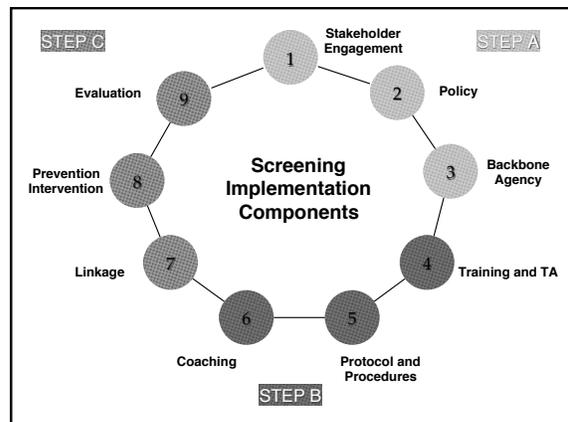
*—Dayna Parish, MD, Pediatrician, Screening Coordinator
Contra Costa Regional Medical Center (CCRMC)*

Evaluation

- ❖ 11% of all children age 0-5 years in low-income priority areas were screened.
- ❖ 576 children screened in 2011 to
- ❖ 13% had an established disability prior to intake
- ❖ 19% recommended for referral
- ❖ 21% recommended for monitoring

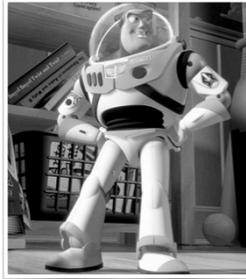
Strengths, Challenges and Opportunities

- ❖ **S**trengths – Current factors that have positive effect
- ❖ **W**eaknesses – Current factors that have negative effect
- ❖ **O**pportunities – External Factors that have positive effect
- ❖ **T**hreats – External Factors that have a negative effect



Next Steps: "To infinity and beyond"

**Help Me Grow
Linkage and
Referral System**



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HELP ME GROW COMPONENTS

- ✔ Physician Outreach
- ☎ Phone Access
- 📣 Community Outreach
- 📊 Data Collection

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Lessons Learned

"I did then what I knew how to do.
Now that I know better, I do better."

"A friend may be waiting behind a
stranger's face."

"Words mean more than what is set
down on paper. It takes the human
voice to infuse them with shades of
deeper meaning."

"I've learned that I still have a lot to
learn."

—Maya Angelou



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**For More Information
about the Contra Costa County
Universal Developmental Screening Program:**

<http://www.firstfivecc.org>

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